



CLASS SCHEDULE 2017

TRADITIONAL HOME-STYLE INDIAN

Embark on a Traditional Indian culinary journey and learn to create a home-style feast. Begin with crunchy *pappadums*, and work through to a wholesome *Dal* - slow cooked lentils seasoned with spicy caramelised onion. This is followed by colourful vegetables stir-fried in aromatic spices, and of course the dish deemed fit even for kings - *Shahi Paneer*, the original vegetarian "butter chicken". This feast is served with basmati rice and hot *Roti* bread. Wind down with a cup of *masala chai* to complete the Traditional Home-Style Indian Journey.

NORTH INDIAN

Learn to master the classic favourites of Northern India. Start with crispy battered spinach dumplings, followed by *Punjabi chole* – butter soft curried chickpeas. Next is spiced pumpkin, and the all time favourite *Gobhi aaloo* – potatoes and cauliflower stir-fried with spices and coriander. Mop up these delights with cumin infused basmati rice, golden puffed *poori* bread and a tangy mint chutney. Enjoy this with a refreshing cardamom and rose infused sweet *lassi* drink.

SOUTH INDIAN

Discover the wonders and diversity of Southern Indian Cuisine. Learn to create crisp lentil dumplings accompanied with coconut chutney. Follow on with lemon rice, creamy coconut mixed vegetables, hot & sour '*Sambar*' dal and South India's famous *Dosa* – crispy rice pancakes stuffed with masala potato.

MUGHLAI FEAST

In our all time favourite class, master the art of Mughlai cooking. Start with sizzling tandoori vegetable skewers accompanied by tangy mint chutney. Follow on with mushrooms cooked through spinach (*palak khumb*), slow-cooked seasoned black lentils, and '*Malai Kofta*' – spiced dumplings in a creamy sauce. Pair these mains with freshly baked *naan* bread and *pulao* rice and you have a mughlai feast.

CLASS SCHEDULE 2017

Class	Dates
Traditional Homestyle Indian	21 st January 29 th April (Vegan) 15 th July 21 st October (Vegan)
North Indian	25 th February 27 th May 19 th August 25 th November
South Indian	25 th March 30 th September
Mughlai Feast	24 th June 16 th December(Vegan)
Time: Saturdays 11am - 3pm	
1 class: \$125 per person 3 class package: \$350 per person	

Please note that the Exotic North Indian and the South Indian Cuisine classes are suitable for both Vegetarians and Vegans. At the time of booking, please select the Vegetarian or Vegan option.

CLASSES INCLUDE

All classes include a recipe folder, hands on training and a full scrumptious meal

GIFT VOUCHER

Gift vouchers for family and friends can be purchased

VENUE

Classes are held in the comfort of our home kitchen at 13 Harris Road Normanhurst, Sydney

CONTACT

+61 (2) 9945 0745

0401 273 877

info@maindiancooking.com.au

maindiancooking.com.au

[facebook.com/maindiancooking](https://www.facebook.com/maindiancooking)